Toddler 411 1e Ch 3 Milestones 1/3/07 10:20 AM Page 44

MILESTONES

BOOKMARK THIS PAGE! TODDLER DEVELOPMENT CHECKLIST

And now, as promised, the toddler development checklist! Please take a second to read the caveats on the previous page. What if you have a preemie? See the question on the next page following this chart for info on adjusting these benchmarks.[2]

Fine Motor:	Age achieved:
Bangs objects together	7 to 12 months
Mastery of pincer grasp*	9 to 14 months
Drinks from a cup	10 to 16.5 months
Puts block in cup	10 to 14 months
Scribbles	11 to 16 months
Uses spoon or fork correctly	13 to 20 months
Makes tower of two cubes	13 to 21 months
Makes tower of four cubes	16 to 24 months
Makes tower of six cubes	19 months to 2.5 years
Makes tower of eight cubes	2 to 3.5 years
Hand preference	18 months to 4 years
Wiggles thumb	2.5 to 3.5 years
Can copy a circle drawing	3 to 4 years
Can draw a person with three body parts	3.5 to 4.5 years
Can copy a cross drawing	3.5 to 4.75 years
Can copy a square drawing	4 to 5.5 years
Can draw a person with six body parts	4 to 5.5 years
Writes name	4 to 5 years

** Pincer grasp refers to the ability to grab a small item between the thumb and forefinger*

Gross Motor:	Age achieved:
Walks holding onto furniture (cruises)	7.5 to 12.5 months
Stands alone briefly	9 to 13 months
Stands alone	9.5 to 14 months
Walks alone	11 to 14.5 months
Runs	13 to 20 months
Walks up steps (both feet on each step)	14 to 27 months
Kicks ball	16 to 24 months
Throws ball overhand	17 months to 3 years
Jumps	22 months to 2.5 years
Balances on each foot for one second	2 to 3 years
Walks up stairs alternating feet	3 years
Rides tricycle	3 years
Hops	3 to 4.25 years
Balances on each foot for five seconds	3.5 to 5.5 years
Skips	5 years
Rides bicycle without training wheels	6 to 7 years

Language/Communication:	Age achieved:
Comprehension	
Follows simple directions	12 to 24 months
Follows two part instructions	18 to 24 months
Points to pictures when named	18 to 24 months
Knows six body parts	18 to 25 months
Understands in, on, under	3 years
Recognizes some letters of alphabet	3 to 4 years
Expression	
Says Mama and Dada and means it	9.5 to 13.5 months
Indicates wants non-verbally (Point/Grunt)	10.5 to 14.5 months
Says three words besides Mama/Dada	11.5 to 20.5 months
Says six words besides Mama/Dada	14 to 21 months
50 to 200 word vocabulary	2 to 2.5 years
Speaks two word sentences	21 months to 2 years
Speaks three to four word sentences	3 years
>500-1000 word vocabulary	3 years
Uses pronouns (I, you, we)	2 to 3 years
Can say name, age, sex	3 years
Speaks four to five word sentences	3 to 4 years
Speech	
Speech half understandable to strangers	17 months to 3 years
Speech all understandable to strangers	2 to 4.5 years
Normal dysfluency (stuttering)	3 to 4 years

Social/Intellectual development	Age achieved:
Plays pat-a-cake	7 to 13 months
Can shake head to say “no”	9 to 12 months
Plays ball with someone	9.5 to 16 months
Finds hidden item child has watched move	12 to 18 months
Feeds a doll (symbolic play)	15 to 24 months
Brushes teeth with help	16 months to 2.75 years
Washes and dries hands	19 months to 3 years
Plays next to another child (parallel play)	2 years
Puts on a t-shirt	2.25 to 3.25 years
Names a friend	2.25 to 3.25 years
Recognizes and names one color	2.5 to 3.75 years
Plays board/card games	2.75 to 5 years
Brushes teeth without help	2.75 to 5 years
Understands taking turns	3 years
Gets dressed without help	3 to 4.5 years
Counts one block	3 to 4 years
Can tell which line is ‘longer’	3 to 5.5 years
Recognizes and names four colors	3 to 5 years
Prepares cereal	3 to 5 years
Plays with another child (associative play)	3 to 4 years
Counts five blocks	4 to 5.5 years
Counts to ten	5 years