



Think of it as a pediatrician . . . in a handy to-go size package!

You are having a baby! Congratulations! Now the reality hits you—what the heck am I doing? What if you could bottle the wisdom of all those parents who've come before you...and combine it with the solid medical advice from an award-winning pediatrician? **Baby 411** is the answer! Think of it as an FAQ for new parents.

Baby 411 hits today's hot-button issues head-on. Inside, you'll find:

- ★ **How to pick a pediatrician** with detailed questions to ask and insider tips
- ★ **The latest scoop on hot topics** like cord blood banking, optional newborn screening, the vaccine/autism debate and more!
- ★ **The truth about old wives tales** and Internet rumors-how to separate medical fact from fiction online!
- ★ **Detailed nutrition info** with a step-by-step guide for successful breast-feeding, introducing solid food and the "new and improved" formulas
- ★ **Sleep.** The best way to get you and your baby to sleep through the night.
- ★ **The top web sites** to find the most reliable medical info for your baby.

About the authors: **Ari Brown, M.D., FAAP**, is a Harvard-trained pediatrician with a private practice in Austin, TX, who shares her decade of experience as both a doctor and mother. **Denise Fields, M.O.M.**, is the best-selling author of **Baby Bargains** and has been featured as a parenting expert on Oprah, the Today Show, and in the Wall Street Journal. Between them, they have four children, ages four to nine.

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